

IMPORTANT NUMBERS IN WINTER WEATHER

**ALL EMERGENCIES: CALL 9-1-1
POLICE-FIRE-MEDICAL**

| | |
|---------------------------------------|--------------|
| Gas Odor/Leak | CALL 9-1-1 |
| Sparking Downed Electrical Line | CALL 9-1-1 |
| BGE Power Outages | 877-778-2222 |
| Police (Downed Trees/Lines) | 410-222-8610 |
| Police (general non-emergency) | 410-222-8050 |
| Fire (general non-emergency) | 410-222-8200 |
| Aging & Disabilities | 410-222-4257 |
| Constituent Services | 410-222-1785 |
| Health Department | 410-222-7095 |
| Office of Emergency Management | 410-222-0600 |
| Office of Transportation | 410-222-7440 |
| Public Schools | 410-222-5000 |
| Public Schools Student Safety Hotline | 877-676-9854 |
| Public Works (Snow over 4") | 410-222-4040 |
| For snow under 4 inches please call: | |
| Public Works (Northern District) | 410-222-6120 |
| Public Works (Central District) | 410-222-7940 |
| Public Works (Southern District) | 410-222-1933 |
| Public Works Emergency Operations | 410-222-8040 |
| Social Services | 410-269-4500 |
| State Highway Administration | 410-582-5650 |

Maryland Interactive Travelers Information
www.md.511.org

PUBLIC HEALTH WINTER PREPAREDNESS TIPS

The Anne Arundel County Department of Health encourages residents to exercise caution during extremely cold temperatures. Children, older adults, and people with poor circulatory systems are at particular risk for hypothermia or frostbite. Here are some tips:

- Prepare for the unexpected. Most problems with hypothermia occur because of an unexpected change in the weather or temperature.
- Dress for the cold weather by wearing coats, hats (as much as 50% of body heat is lost through the head), scarves, or knit masks to cover the face and mouth, and gloves or mittens. Wear waterproof boots, shoes, and gloves.
- Dress in layers of loose-fitting clothes, including extra socks. Wool, silk, or polypropylene inner layers hold in more body heat than cotton. Avoid cotton clothing for winter activities.
- Avoid getting wet when the temperature dips.
- Drink plenty of water. Avoid nicotine, caffeine, and alcohol.



For more information visit
www.aahealth.org/cold-weather
or call 410-222-4001

WINTER WEATHER PREPAREDNESS GUIDE ANNE ARUNDEL COUNTY MARYLAND



SNOWSTORM CHECKLIST

- Check heating system in advance
- Smoke/Carbon Monoxide Detectors ready
- Fire Extinguisher ready - know how to use it
- Fireplace inspected in advance
- Hot ashes in metal container, outside home
- Space heaters 3+ feet from flammables
- Only one heating appliance per outlet
- Generator properly installed, fueled, tested
- Family Emergency Kit ready
- Several days' worth of medications ready
- Three days of non-perishable food ready
- One gallon of water per person per day
- Snow shovel and/or snow blower ready
- Layered winter clothing ready
- Monitor the weather on radio or TV
- Emergency plans ready if someone is dependent on dialysis or electrical medical equipment
- Check on family and neighbors
- Expect to be self-sufficient for three days

IF THE POWER GOES OUT

- * Notify BGE of outage 877-778-2222
- * Watch for downed trees
- * Treat downed power lines as active
- * Use flashlights, headlamps, battery lanterns
- * Keep cell phone fully charged
- * Keep refrigerator and freezer doors closed
 - o Food in refrigerator good for 4 hours
 - o Food in freezer good for 2 days
- * No indoor propane or gas heaters
- * Keep generators, grills, and camp stoves out of the house, basement, and garage.

AFTER THE STORM

- ✓ Confirm you and family members are safe
- ✓ Assess property damage
- ✓ Take photos for insurance claim
- ✓ Check on neighbors
- ✓ Don't travel unless absolutely necessary
- ✓ Use caution on icy sidewalks/driveways

ROAD CLEARING

- * The County plows main roads first
- * Community roads are made passable next
- * Enter an on-line service request at:

Department of Public Works

www.aacounty.org/departments/public-works/highways/snow-information

Click on "Snow Level of Service Inquiry"
Enter your house number/street name

SNOW SHOVELING

- * Do not shovel after eating or while smoking
- * Take it slow, stretch out before you begin
- * Shovel 2 inches several times, rather than 6 inches at one time
- * Push the snow rather than lifting it
- * If you do lift snow, use a small shovel or only partially fill the shovel
- * Lift with your legs, not your back
- * Take frequent breaks and hydrate
- * Do not work to the point of exhaustion
- * Do not shovel if you have a heart issue

CAR EMERGENCY SUPPLIES

- Ice Scraper and Snow Brush
- Cell Phone and Charger
- Warning Devices (flares/triangle)
- Small Shovel (snow removal)
- Bag of Sand or Cat Litter (traction)
- First Aid Kit
- Flashlight with extra batteries
- Battery Jumper Cables
- Paper Towels (clean windows)
- Blanket
- Snacks and Bottled Water



WINTER DRIVING TIPS

- Winterize your car in advance
- Monitor weather and traffic conditions
- Travel during daylight hours
- Keep at least a half-full gas tank
- Clear snow off the car before leaving
- Slow down and stay alert
- Leave greater braking distance
- Beware of unexpected "black ice"

If travel is restricted, stay home!